



EXPLORITASSM

Adventures in Lifelong Learning

Attend a Day of Discovery on Campus Series at Vinson Hall Retirement Community

More than 30 years ago, Elderhostel helped lay the foundation for the lifelong learning movement. Today, the world leader in educational travel continues to offer high-quality programs for adults under its new name, Exploritas. We are pleased to offer Exploritas Day of Discovery on Campus programs, half-day academic enrichment events hosted on the campuses of retirement communities around the nation.



The Twentieth Century Presidency (1945–1975)

19201QVZ | Thursday, March 4, 2010 | Members of the Vinson Hall Community \$48 | Neighbors \$58 | Program runs from 9:15 a.m.-12:45 p.m., followed by lunch

Today's political leaders face one of the stormiest economic climates in nearly 80 years — but would our current economic situation be far worse if not for the policies and programs of our past presidents? Examine the influence of three of the most influential U.S. presidents of the 20th century — Harry Truman, Dwight Eisenhower and Richard Nixon. Consider their success and failures in confronting the challenges of their times, as well as how their legacies have affected us today.

For additional program information and reading list, visit www.exploritas.org/19201QVC



Sargent Shriver Peace Institute

The Life and Legacy of Sargent Shriver: Champion of Social Justice

19202QVZ | Monday, March 29, 2010 | Members of the Vinson Hall Community \$48 | Neighbors \$58 | Program runs from 9:15 a.m.-12:45 p.m., followed by lunch

At the helm of the movement for public service, Sargent Shriver championed and led an array of social programs through his extraordinary career that confronted the most challenging issues of the times and changed how Americans think about service and peace. Explore Shriver's legacy with a social historian and with former members of the social service agencies that Shriver helped to create. Program features a screening of the recent PBS documentary, *American Idealist*, an examination of Shriver's life and work featuring commentary by his contemporaries and colleagues.

For additional program information and reading list, visit www.exploritas.org/19202QVC



www.stockphoto.com/clearandtransparent

Building Bridges to Islam

19203QVZ | Wednesday, April 21, 2010 | Members of the Vinson Hall Community \$48 | Neighbors \$58 | Program runs from 9:15 a.m.-12:45 p.m., followed by lunch

Find insights into the faith, cultures and traditions of Islam by examining the religion from the point of view of practicing American Muslims. Learn about the Qur'an and Sunnah, observe Zuhr prayer and explore Islamic art and architecture. Hear how the roles of men and women in Islam are conveyed through their dress and customs, and discuss the geopolitical events and issues of concern to Muslim communities around the world.

For additional program information and reading list, visit www.exploritas.org/19203QVC

REGISTER TODAY!

To find out more about these and the thousands of other programs in the United States and in 90 countries around the world, please contact Exploritas toll free at (877) 426-8056 or visit www.exploritas.org/dayofdiscoveryoncampus.

BRING A FRIEND

Ideal for adults of all ages, these Day of Discovery programs are a perfect opportunity to introduce a friend to Exploritas. We invite you to share information about these programs and others with your friends and neighbors. Please call (877) 426-8056, or visit www.exploritas.org/dayofdiscoveryoncampus.

If you wish to modify our communications with you, please go to www.exploritas.org and log in to your account or call us toll free at (877) 426-8056.

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Vinson Hall Retirement Community



VHRC is an active, vibrant community that embodies warmth, security and the spirit of home and family. VHRC celebrates and encourages its residents' freedom to express themselves, make personal choices and maintain, renew and begin friendships. Resident-focused and valuing independence and individuality, VHRC embraces new ideas while cherishing the past, enhancing the present and creating the future.

6251 Old Dominion Drive, McLean, Va. 22101-4827

A DAY OF DISCOVERY

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Exploritas @ Vinson Hall Retirement Community — McLean, Va.

*Exploritas is the new program name
of Elderhostel, Inc.,
the world leader in lifelong learning.*

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